



Balancing Family and Career

1-Day Workshop for Principal Carer Parent Job Seekers

This short workshop is designed especially for **principal carer parent** clients to provide information and resources to assist them to prepare for a re-entry into the paid workforce. This is basically a one-day interactive information session that addresses the most common concerns that parents experience when planning their return to work.

Topics Covered:

- ✓ The benefits of employment for parents and their children
- ✓ How employment income compliments Centrelink benefits
- ✓ Maintaining grandfathered status and other benefits
- ✓ Child Care - Issues and alternatives
- ✓ Reducing the costs of childcare
- ✓ The benefits of settling kids into child care before finding work
- ✓ Work/Life balance - What is it and how to make it happen
- ✓ Contingency planning - reducing workplace absenteeism by planning for childhood illnesses and other family responsibilities
- ✓ Addressing employer concerns and selling the benefits of employing a parent
- ✓ Action Planning - Taking the next step in your return to work journey

Location:

- ✓ At your site in your training room (or in or in our training centre/s where available)
- ✓ Available Nationally (additional costs may be incurred in remote areas)

Cost:

- ✓ **\$150**(per) per participant - Minimum 10
- ✓ Catering can be arranged at an additional charge of \$15 per person

Contact us for more information!

1300 764 828 or email at enquiries@worksavvyparents.com.au

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